

Muscular System

Muscular System

- The **muscular system**, in conjunction with the skeletal system, allows the movement of internal structures, limbs, and the body as a whole.

Muscles can be categorized by their:

- **Function**
(skeletal, visceral, or cardiac)
- **Activation method**
(voluntary or involuntary)
- **Physiology**
(smooth, striated or unstrained)

Skeletal Muscles

- **Skeletal muscles** are **striated, voluntary muscles** that are involved in the movement of the skeleton.
- Skeletal muscles can be intentionally controlled by the animal.

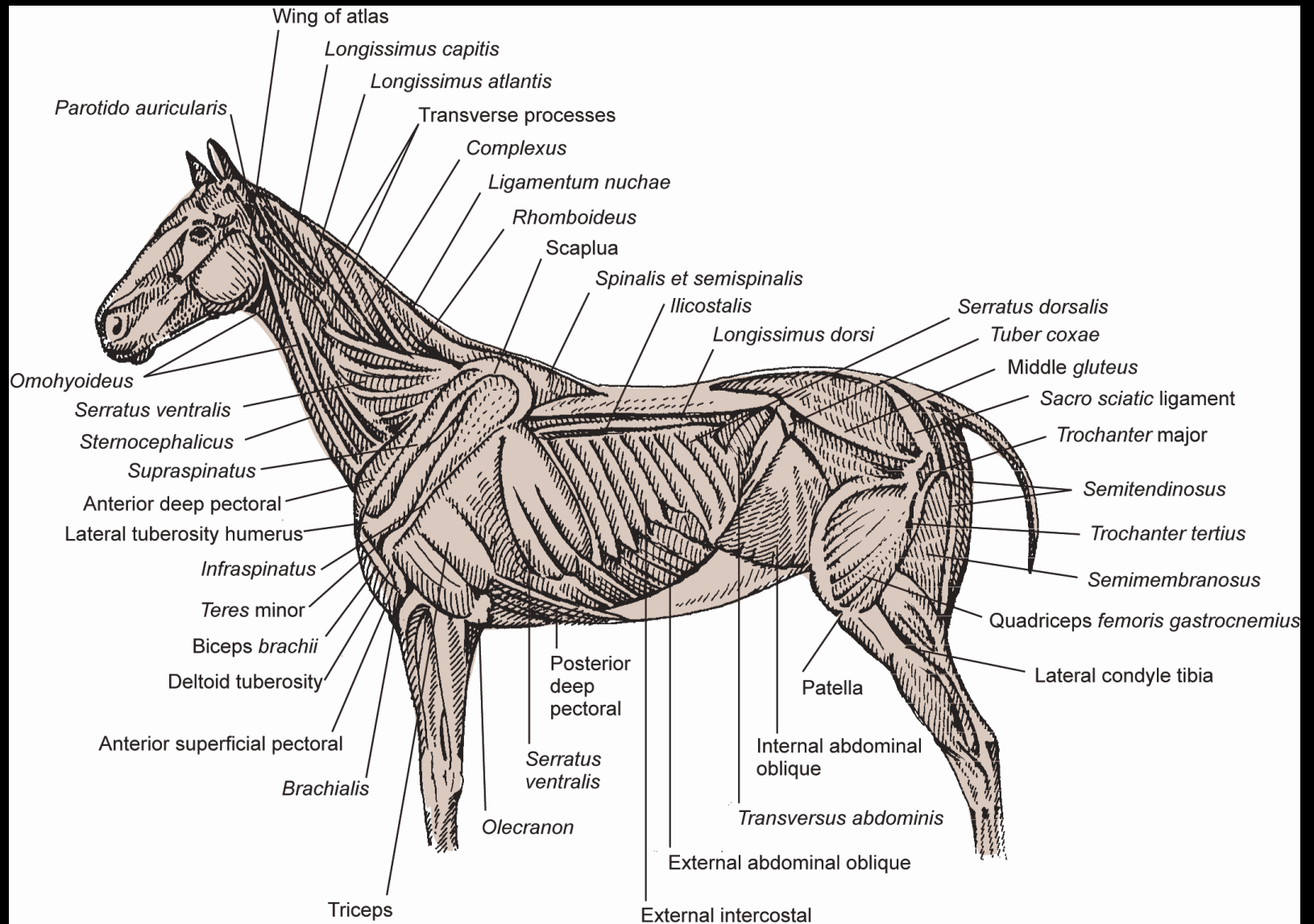
Visceral Muscles

- Smooth or **visceral muscles** are **involuntary**, **unstrained muscles** found in the digestive organs and blood vessels of the body.
- Visceral muscles function automatically and can not be controlled by the animal.

Cardiac Muscles

- **Cardiac muscle** is involuntary, **striated muscle** found only in the heart.
- No conscious control of cardiac muscle occurs in the animal, but it can be regulated by the autonomic nervous system.

Superficial Muscles of a Horse



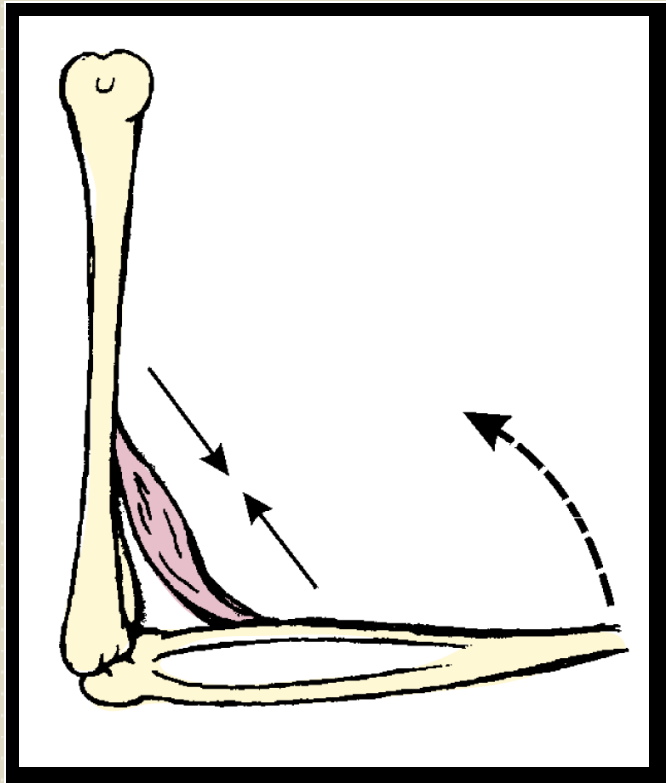
Skeletal muscles can be divided into four functional groups:

- Flexors
- Extensors
- Abductors
- Adductors

Movement

- Many muscles work in pairs so that when one contracts (flexes or shortens) the other one relaxes (extends or lengthens). This relationship is known as **antagonism**.
- Muscles that work together to perform a movement are referred to as **synergists**.

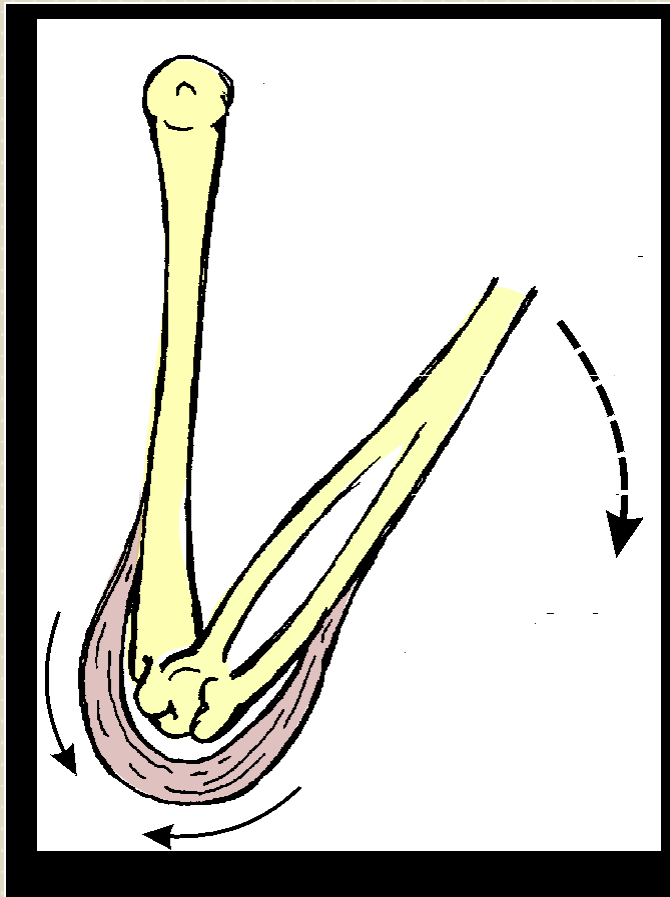
Movement



- **Flexor muscles** decrease the angle between two lever bones when they contract.

Example: Biceps

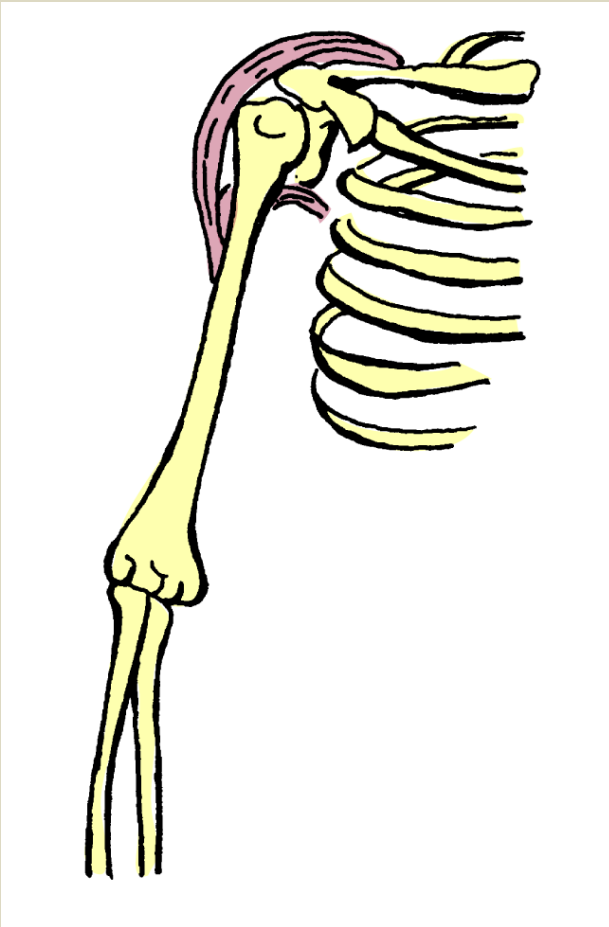
Movement



- **Extensor muscles** increase the angle between two lever (bones) when they contract.

Example: Triceps

Movement

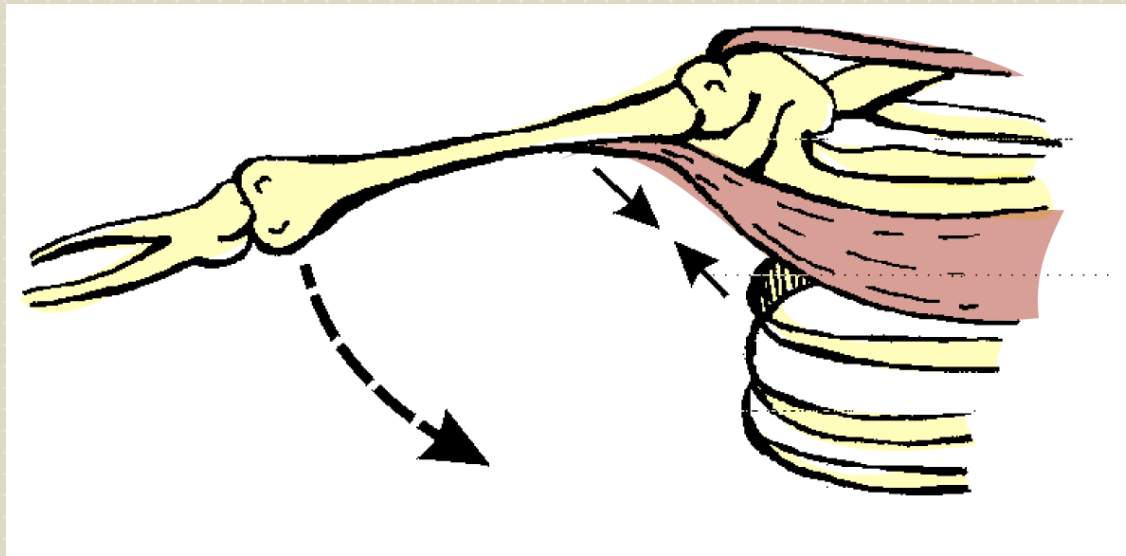


- **Abductor muscles** move limbs away from the median plane (the middle or main part of the body).

Example: Deltoids

Movement

- **Adductor muscles** pull limbs toward the median plane (middle or main part of the body).
Example: Pectoralis Major



Attachment

- Most skeletal muscles attach to two different bones.
- The point of origin is on the most stable or least movable bone while the insertion point is on the more movable bone.

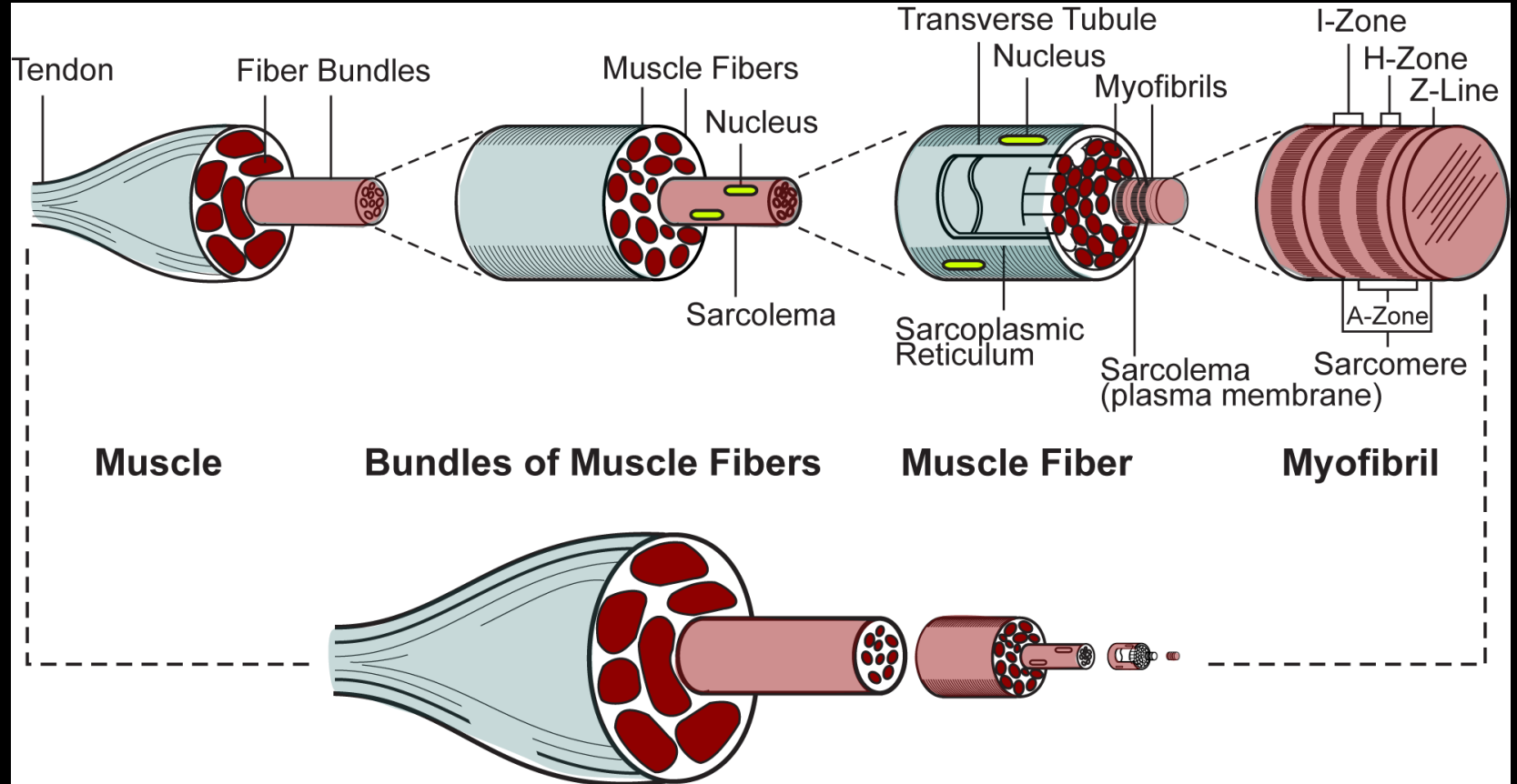
Structure of Skeletal Muscle

- Skeletal muscle is made up of bundles of fibers or cells that stretch from one tendon, or connective tissue, to the other tendon.
- These bundles of fibers lie parallel to each other within the muscle sheath making the muscle appear **striped, or striated**.

Structure of Skeletal Muscle

- Each bundle consists of fibers, which are individual cells with multiple nuclei.
- Individual muscle fibers are made up of bundles of **myofibrils** enclosed in a series of **sarcomeres**. They are made up of thick filaments of **myosin** and thin filaments of **actin**.

Structure of Skeletal Muscles



Contraction

- Muscle contraction occurs as a result of a process known as **sliding-filament action**.
- Each individual sarcomere contracts as a result of the **actin** and **myosin filaments** sliding over each other.

Muscle Contraction

- Energy utilized for **muscle contraction** comes primarily from non-protein sources such as adenosine triphosphate (ATP), glycogen and body fats.